



Inviting you to

CONSCIOUS CAFÉ IN THE NEW FOREST

Please join me for an informal evening of socialising and conversations at
Conscious Cafe

Conscious Café (founded by Judy Piatkus) is an organisation that allows a safe space for like-minded people who are following their spiritual path in whatever way suits them, to come together for stimulating conversations and discussions.

I run regular meetings in The New Forest and I am inviting you to join us at our next meeting to explore our thoughts and feelings on:

**We know that love raises our consciousness but do we put up our own barriers to receive both love and fortune? If so why?
Can we bring them down ourselves? If so how?**

What Happens at our meetings?

We start the evening with a social chat and a drink. Then I will open the evening with our introductions and lead a meditation. I then share the subjects for discussion, you choose one then we split into groups to explore your chosen subject. Afterwards we get together and share the outcomes of our discussions. We have a closing meditation and then socialise over a plate of Tessie's vegetarian supper.

Date: Monday 24th April

Venue: 21 Honey Lane, Burley, BH24 4EN. (use the Pound Lane entrance to Honey Lane) Time: 7pm to 10pm. Cost: £7.

Please let me know if you can join me and feel free to bring a friend along too, just let me know in good time so that we can plan the food.

Anne (Anne Jones www.annejones.org)

Please RSVP 07899890809 or email aj3@btconnect.com

www.consciouscafe.org

Conscious Cafe is a not-for-profit organisation,
a friendly and welcoming community, a place to live life consciously.